

U12/U14 In-house Rules

1. U12 will play 8 v 8 and U14 will play 11 v 11.
2. Games will consist of 2-30 minute halves.
3. Teams must play with an equal amount of players unless one team is leading by 5 or more goals. If one team is short-handed, the other team must match up and play with an equal amount of players.
4. Once a team is leading by 5 goals, it is mandatory that either the team that is behind should add a player onto the field or the team that is leading should remove a player.
5. You may only use players that are on your official team roster. You cannot use any other player, relative, etc.
6. All players must play at least ½ of the game and as equal a time as possible.
7. Penalties can be direct or indirect. Direct - Person shooting may score. Indirect - That another player has to touch the ball before you can score.
8. Kick offs shall be a pass to another player and not a shot on goal.
9. Offsides will be called. Basically, that means an offensive player cannot be past the last defender without the ball.
10. When there is a goal kick, please make sure your players are at least 5 yards away from the person taking the kick.
11. You are not allowed to yell, disturb, or instruct the referee before or during the game. If there is a problem, a coach may fill out a report on the back of the score card and turn it into the concession stand.
12. Teams must be on the opposite side of the field than the parents.
13. Substitute players should be waiting at the middle of the field to enter the game. Subs may only go in when it is your team's throw-in, any goal kicks, or after a goal has been scored.
14. Coaches must have a team meeting with the parents to explain that cheering is encouraged during the games. Parents should not be coaching or shouting out games strategies to any player during a game.
15. A game ball will be provided by the home team coach.
16. There are no time outs in soccer; so, if a player gets hurt or there is some other kind of problem, the game clock keeps running.
17. Slide tackling is allowed, as long as the ball is played. Over-aggressive play will be warned, then yellow carded, and then red carded.
18. These are rules, not suggestions.

Have fun.